

<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
November 2009	(2) 9:00 Jazzercise 9:00 Chair Exercise 10:30 Gol. Glow 12:45 Setback	(3) 9:30 Tai Chi 9:30 HolidayFair Workshop 10:30 Pokeno 12:30 Phase 10 12:45 Pinochle VOTE TODAY	(4) 9:00 Exercise 9-10 Dust Busters 9:30 Hearing Clinic 10:15 RSVP 12:15 Shopping Trip 12:45 Bridge	(5) 9-10:30 Wii Team Bowling 10:15 Lunch Outing 1:30 Line Dancing	(6) 9:00 Exercise Veterans Program @ Col. Elementary School 10:00 Bingo 11:30 Flu/Colds w/Interim Healthcare	(7)
(8)	(9) 9:00 Jazzercise 9:00 Chair Exercise 10:30 Gol. Glow 10:30 BP Clinic 12:45 Setback 1:00 COA Meeting	(10) 9:30 Tai Chi 9:30 HolidayFair Workshop 10:30 Pokeno 12:30 Phase 10 12:45 Pinochle	(11) Veteran's Day Senior Center CLOSED	(12) 9-12 Flu Clinic 9-10:30 Wii Team Bowling 1:30 Line Dancing	(13) 9:00 Exercise 10:00 Bingo 11:30 TVCCA Diets/Diabetes 12:30 Senior Center Group Meeting	(14)
(15)	(16) 9:00 Jazzercise 9:00 Chair Exercise 10:30 Gol. Glow 12:45 Setback	(17) 9:30 Tai Chi 9:30 HolidayFair Workshop 10:30 Pokeno 12:30 Phase 10 12:45 Pinochle	(18) 9:00 Exercise 10:15 RSVP 11:30 Thanksgiving Dinner 12:45 Bridge	(19) 9-10:30 Wii Team Bowling 10:30 Low Vision Support Group 1:30 Line Dancing	(20) 9:00 Exercise 10:00 Bingo	(21) Colchester Senior Center's Holiday Fair 9-1
(22)	(23) 9:00 Jazzercise 9:00 Chair Exercise 10:30 Gol. Glow 12:45 Setback	(24) 9-3 Flu Clinic 9:30 Tai Chi 10:30 Pokeno 12:30 Phase 10 12:45 Pinochle	(25) 9:00 No Exercise 10:15 RSVP 12:00 Birthdays 12:45 Bridge	(26) Thanksgiving Day Senior Center CLOSED	(27) Senior Center CLOSED	(28)
(29)	(30) 9:00 Jazzercise 9:00 Chair Exercise 10:30 Gol. Glow 12:45 Setback					